



ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

January

All training registration occurs in [iLearn Oregon](#).

Click the title hyperlink. See the final page for iLearn account and registration information.

All trainings are presented via Zoom.

[Adoption Assistance/Guardian Assistance](#)

Date/Time: 1/13 @ 1:30 - 3:30pm

Learn about the purpose of Adoption and Guardianship assistance, the application process, and determination of Adoption/Guardianship assistance benefits.

Additional Resource: [State of Oregon Adoption/Guardianship Assistance Program](#)

[Responding to Families when Drug and Alcohol are a Factor](#)

Date/Time: 1/14 @ 6 - 8pm

This course will offer information, resources and strategies to engage with parents who are still using substances or are newly in recovery from their addiction.

[Preparing Your Family for Adoption](#)

Date/Time: 1/25 @ 1 - 4pm

Explore the different aspects of adoption including: family dynamics, infertility struggles, impacts to other children in the home, and what adoptive children wish their caregivers had known. *This course is also offered again 4/8/21.*

Additional Resource: [ORPARC resource list](#) - books, media and informational packets

[Supporting Children with Sexual Behaviors](#)

Date/Time: 1/26 6 - 8pm

Many children engage in sexual behaviors. Most of the time, this behavior falls into the “common” or “healthy” range. Sometimes, children engage in “concerning,” “problematic,” or “harmful” sexual behaviors. This is a sign that they are off-track developmentally and need their caretakers and possibly a professional to help them change their behaviors and get back on track. Learn user-friendly methods to identify if the behavior is common/concerning/harmful and tips to respond. This presentation is facilitated by CARES NW. *This course is offered again 6/14/21 and 6/15/21.*

Additional Resource: [CARES NW resource list](#) (English and Spanish)

[Parents and Resource \(Foster\) Parents: A Model for Co-Parenting](#)

Date/Time: 1/28 @ 6 - 7:30pm

Join a panel discussion of Oregon Parents and Resource (Foster) Parents as they share their experiences of partnering together to co-parent the children they both care for. *This course is also offered again 2/25/21. (Available with Simultaneous Spanish Interpretation!)*

Additional Resources: [Podcasts from Casey Family Programs](#) and [Factsheets CW Info Gateway](#)

[Ongoing Support & Training with the KEEP Program](#)

KEEP is a support and skill enhancement program for foster and kinship families across Oregon. The program provides a toolkit of evidence-based parenting strategies along with the opportunity to connect, learn and share virtually. All families caring for foster youth ages 4-18 are welcome to join in. Earn a \$25 gift card for each weekly session you attend! Culturally-specific groups for Native American families and youth, Spanish-language groups and groups for families caring for LGBTQIA+ youth are also available.

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[Juggling COVID, School, Work and Life](#)

Date/Time: 2/2 @ 6:30 - 8:30pm

Explore the juggling act of life, parenting, distance learning and work during the pandemic while still advocating for the needs of your family. Hear from a current foster/adoptive parent on strategies you can take!

[Youth Thrive: Social Connection and Cognitive Social-Emotional Competencies](#)

Date/Time: 2/10 @ 9am -12pm and 6 - 9pm

Get concrete the knowledge needed to understand young people and promote their long-term well-being. *This course is offered again 5/12/21.*

[Intro to TBRI](#)

Date/Time: 2/11 @ 6 - 9pm

Trust Based Relational Intervention (TBRI) is an evidence-based, trauma-informed, attachment-based model to help children and their loved ones. Learn the basic elements of TBRI and how it applies to your role as caregiver.

Additional Resource: [TBRI Video Resources](#) Karyn Purvis Institute

[Trauma Informed Parenting - Part 1](#)

Date/Time: 2/18 @ 9 - 11am **(Available with Simultaneous Spanish Interpretation!)**

[Trauma Informed Parenting - Part 2](#)

Date/Time: 2/19 @ 9 - 11am **(Available with Simultaneous Spanish Interpretation!)**

Join us in a two part series about parenting children who have experienced trauma. Gain an understanding of the effects of trauma on the developing brain of children. *Registration for both parts are required. This course 2 part series is offered again 4/14/21 and 4/15/21.*

Additional Resource: [Parenting a Child Who Has Experienced Trauma](#) Child Welfare Information Gateway

[Collaborative Strategies for Caregivers](#)

Date/Time: 2/23 @ 5:30 - 8:30pm

Understand why challenging kids are challenging and begin to create new strategies for meaningful collaboration. *This course is also offered again 5/17/21.*

[Youth Transition Planning 101 for Caregivers](#)

Date/Time: 2/24 @ 6 - 7:30pm

Are you caring for a youth age 14 and up? This training will focus on the preparation for transitioning youth to adulthood and out of foster care.

Additional Resource: ["Preparation for Adulthood"](#) online course FosterClub

[Parents and Resource \(Foster\) Parents: A Model for Co-Parenting](#)

Date/Time: 2/25 @ 6 - 7:30pm

Join a panel discussion of Oregon Parents and Resource (Foster) Parents as they share their experiences of partnering together to co-parent the children they both care for.

Additional Resource: [Podcasts from Casey Family](#) Programs and [Factsheets CW Info Gateway](#)



ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

March

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iLearn account and registration information.

All trainings are presented via Zoom.

ICWA Part 1

Date/Time: Multiple Opportunities 3/3 @ 6 - 7:30pm;

3/6 @ 10 - 11:30am; 3/9 @ 6 - 7 :30pm

The Indian Child Welfare Act (ICWA) is a 4 part series starting in March and ending in July. In Part 1, caregivers will gain understanding of the purpose of ICWA; the history behind ICWA; an overview of Federal Policies affecting Native American people/Tribes; Federal ICWA components and Oregon ICWA statute.

Additional Resource: [Indian Child Welfare Act Video](#) NARF

Understanding and Supporting Foster Youth Who Identify as LGBTQIA+

Date/Time: 3/4 @ 5:30 - 8:30pm

Gain a basic understanding of what it means to be an LGBTQIA+ youth in today's society, the impacts of caregivers support, and how to provide support and affirmation to LGBTQIA+ youth in our care. *This course is offered again 6/7/21.*

Additional Resource: [Caring for LGBTQ Youth Recorded Webinar](#) All Children All Families

Youth Suicide Awareness for Families

Date/Time: 3/8@ 6 - 7:30pm

Increase your knowledge of suicide awareness; become aware of risk factors, increase communication around suicide, and identify ways youth suicide can be addressed. This training is offered by the Oregon Family Support Network.

Additional Resource: [Crisis Lines](#) (Oregon and Nationally)

Youth Thrive: Adolescent Development and Youth Resilience

Date/Time: 3/10 @ 9am - 12pm and 6 - 9pm

Based in strengths-based and positive psychology perspectives, this Youth Thrive training gives foster parents, relative caregivers and adoptive parents the concrete knowledge they need to understand young people and promote their long-term well-being. *This course is offered again 6/9/21. (Available with Simultaneous Spanish Interpretation 3/10 from 6-9pm!)*

Independent Living Program Services

Date/Time: 3/31 @ 6 - 8:30pm

Learn about the variety of skill development options that youth in foster care can access when connected to the Independent Living Program and your role as a caregiver in advocating for youth in your care.

Additional Resource: [State of Oregon Independent Living Program](#)



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Live Online TRAINING OPPORTUNITIES—2021

April

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All trainings are presented via Zoom.

ICWA Part 2

Date/Time: Multiple Opportunities 4/3 @ 10 - 11:30am;

4/7 @ 6 - 7:30pm; 4/13 @ 6 - 7:30pm

The Indian Child Welfare Act (ICWA) training series is a 4 part series. In Part 2, caregivers will understand ICWA requirements and Placement Preference; Oregon Tribes & Placement; and Tribal-State Agreements.

Additional Resource: [Heart of ICWA \(Becky\) Video](#) and [Heart of ICWA \(Lukas\) Video](#) NICWA

Adoption Process Overview for Caregivers

Date/Time: 4/8 @ 1 - 3pm

Understand the ODHS adoption process in more detail and have your questions answered by adopting children from the Oregon Child Welfare program. **(Available with Simultaneous Spanish Interpretation!)**

Additional Resource: [State of Oregon Adoption Program](#)

Preparing Your Family for Adoption

Date/Time: 4/10 @ 9am - 12pm

Explore the different aspects of adoption including: family dynamics, infertility struggles, impacts to other children in the home, and what adoptive children wish their caregivers had known.

Additional Resource: [ORPARC resource list](#) - books, media and informational packets

Trauma Informed Parenting - Part 1

Date/Time: 4/14 @ 1 - 3pm

Trauma Informed Parenting - Part 2

Date/Time: 4/15 @ 1 - 3pm

Join us in a two part series about parenting children who have experienced trauma. Gain an understanding of the effects of trauma on the developing brain of children. *Registration for both parts are required.*

Additional Resource: [Parenting a Child Who Has Experienced Trauma](#) Child Welfare Information Gateway

Partnering with Children and Families who are Deaf and Hard of Hearing

Date/Time: 4/27 @ 6:30 - 8pm

This training will focus on resources and supports for caregivers working with families in which either one or both of the birth parents and/or their children are Deaf or hard of hearing, and will address issues of communication access, language continuity when ASL is the primary language, as well as social and emotional needs of Deaf and hard of hearing children.

(Available with Simultaneous ASL Interpretation!)



ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

May

All training registration occurs in [iLearn Oregon](#).

Click the title hyperlink. See the final page for iLearn account and registration information.

All trainings are presented via Zoom.

[Trauma Informed Responding](#)

Date/Time: *Multiple Opportunities* 5/3 @ 9 - 11am; 5/25 6-8pm

Gain practical information about responding to disclosures of sexual abuse and ways to support youth in your care who have been sexually abused.

[All About Me \(How to develop All About Me Books\)](#)

Date/Time: 5/4 @ 1 - 3pm

Marvel at the potential of the All About Me Books! These are engaging tools that help children make sense of their lives, create a snapshot of their lives at a moment in time, enhance their self-worth, and express their thoughts and feelings productively.

Additional Resource: [ORPARC Resource List \(Lifestory Books\)](#)

[Supporting Youth Who've Experienced Domestic Violence](#)

Date/Time: *Multiple Opportunities* 5/6 @ 6-8pm; 5/10 @ 9 - 11am

Understand the effects of Domestic Violence on children and youth, as well as examine some proven ways to support their healing journey. This presentation is facilitated by CARES NW. (**Available with Simultaneous Spanish Interpretation 5/6!**)

[Partnering with Children and Families who are Deaf and Hard of Hearing](#)

Date/Time: 5/11 @ 6:30 - 8pm

This training will focus on resources and supports for caregivers working with families in which either one or both of the birth parents and/or their children are Deaf or hard of hearing, and will address issues of communication access, language continuity when ASL is the primary language, as well as social and emotional needs of Deaf and hard of hearing children. (**Available with Simultaneous ASL Interpretation!**)

[Youth Thrive: Social Connection and Cognitive Social-Emotional Connection](#)

Date/Time: 5/12 @ 6 - 9pm

Get concrete knowledge needed to understand young people and promote their long-term well-being.

[Collaborative Strategies for Caregivers](#)

Date/Time: 5/17 @ 9am - 12pm

Understand why challenging kids are challenging and will begin to create new strategies for meaningful collaboration.

[Rights of Passage](#)

Date/Time: 5/19 @ 6 - 8pm

Gain a further understanding of adolescent development and the “pitfalls and successes” of caring for a teen.



ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

June

All training registration occurs in [iLearn Oregon](#).

Click the title hyperlink. See the final page for iLearn account and registration information.

All trainings are presented via Zoom.

[Introduction to Adoption and Guardianship Mediation](#)

Date/Time: 6/3 @ 6 - 7:30pm

This training will be an overview of the benefits and process of developing agreements for contact and communication between birth and adoptive/guardian families.

[Talking About Race and Culture with Young Children](#)

Date/Time: 6/8 @ 1 - 3pm

Caregivers will gain more insight about the need to discuss race and culture with young children. Gain practical ideas and tools about how to discuss race and culture with young children to promote self-worth and feel seen and acknowledged.

Additional Resource: ODHS Child Welfare Resource List ([English](#)) ([Spanish](#))

[Understanding and Supporting Foster Youth Who Identify as LGBTQIA+](#)

Date/Time: 6/7 @ 9am - 12pm

Provides participants with a basic understanding of what it means to be an LGBTQ youth in today's society, the impacts of caregivers support, and how to provide support and affirmation to LGBTQ youth in our care.

[Youth Thrive: Adolescent Development and Youth Resilience](#)

Date/Time: 6/9 @ 9am - 12pm and 6 - 9pm

Based in strengths-based and positive psychology perspectives, the Youth Thrive training gives foster parents, relative caregivers and adoptive parents the concrete knowledge they need to understand young people and promote their long-term well-being.

[Supporting Children with Sexual Behaviors](#)

Date/Time: Multiple Opportunities 6/14 @ 9am - 11am; 6/15 @ 6 - 8pm

Many children engage in sexual behaviors. Most of the time, this behavior falls into the "common" or "healthy" range. Sometimes, children engage in "concerning," "problematic," or "harmful" sexual behaviors. This is a sign that they are off-track developmentally and need their caretakers and possibly a professional to help them change their behaviors and get back on track. Learn user-friendly methods to identify if the behavior is common/concerning/harmful and tips to respond. This presentation is facilitated by CARES NW. *This course is available again 7/20.* **(Available with Simultaneous Spanish Interpretation 6/14!)**

[Interpretation 6/14!](#)

Additional Resource: [CARES NW resource list](#) (English and Spanish)

[ICWA Part 3](#)

Date/Time: 6/22 @ 6 - 8pm

The Indian Child Welfare Act (ICWA) training series is a 4 part series. In Part 3, hear from Tribal members from the Confederated Tribes of Warm Springs and Confederated Tribes of Coos Lower Umpqua and Siuslaw who will share their personal stories and how they have navigated their cultural identity.

Additional Resources: [The Heart of ICWA \(Rhonda\) Video](#) and [The Heart of ICWA \(Fawn\) Video](#) NICWA



ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

July

All training registration occurs in [iLearn Oregon](#).

Click the title hyperlink. See the final page for iLearn account and registration information.

[Healthy Relationships for Teens](#)

Date/Time: *Multiple Opportunities 7/19 @ 9-11am; 7/29 @ 6-8pm*

Healthy relationships are healing for youth who have lived through trauma. How can adults help support youth in seeking healthy relationships? How can you support youth as they navigate their personal boundaries as well as those of others? We will look at the foundations of healthy relationships, as well as consider the signs of unhealthy relationships. This presentation is being facilitated by CARES NW. **(Available with Simultaneous Spanish Interpretation!)**

Additional Resource: [Decreasing Teen Dating Violence Resource Page](#)

All trainings are presented via Zoom.

[Supporting Children with Sexual Behaviors](#)

Date/Time: 7/20 @ 6 - 8pm

Many children engage in sexual behaviors. Most of the time, this behavior falls into the “common” or “healthy” range. Sometimes, children engage in “concerning,” “problematic,” or “harmful” sexual behaviors. This is a sign that they are off-track developmentally and need their caretakers and possibly a professional to help them change their behaviors and get back on track. Learn user-friendly methods to identify if the behavior is common/concerning/harmful and tips to respond. This presentation is facilitated by CARES NW.

Additional Resource: [CARES NW resource list](#) (English and Spanish)

[ICWA Part 4](#)

Date/Time: 7/21 @ 6-8pm

The Indian Child Welfare Act (ICWA) training series is a 4 part series. In Part 4, Tribal members from the Confederated Tribes of Grand Ronde and Confederated Tribes of Coos Lower Umpqua and Siuslaw will discuss the importance of cultural connections, understanding traditional ceremonies and your role as a foster parent and relative caregiver.

ONGOING CAREGIVER

Live Online TRAINING OPPORTUNITIES—2021

Registration for Ongoing Courses Occurs in iLearn

Create an iLearn Account for each individual who seeks to participate in training.

If you are planning on participating in training with another person from one device, please each register for the course.

HOW TO REGISTER FOR THE COURSE?

Follow the **red *** and **arrows** in the image to create your account.

Registration occurs in iLearnOregon at <https://ilearn.oregon.gov>

1. You must create an iLearnOregon account in order to search and register for trainings. Please see the image to the right on how to create your iLearn account.

You must select 'Human Services, Department of' as the Organization in order to view any of our trainings.

2. Click on the Course Title hyperlink in this flyer — you will be redirected to iLearn to login; upon successful login you will be directed to the course. The result will resemble:

ODHS – CW – Ongoing Training – Course Name

3. Select the session date/time you wish to register for. Click Enroll in the session date you wish to register for.

An automated confirmation email from iLearn will be sent to you if you are enrolled in the course or waitlisted. You will receive notifications one week and a day prior to the training if you are enrolled. Add the appointment to your personal calendar.

The direct class link will be found in the "Generic" link in the confirmation email.

The screenshot shows the iLearn.Oregon.Gov registration form. Red arrows point to the following elements:

- Type:** The radio button for "Not a State Employee" is selected.
- Organization:** The dropdown menu is open, showing "Human Services, Department of" as the selected option.
- Submit:** The green "Submit" button at the bottom right of the form.

Dear iLearn User Name,

You enrolled in ODHS - CW - Ongoing Training - Talking about Race and Culture with Young Children on 6/8/2021 - 6/8/2021.

Here are the course details:

6/8/2021 1-3pm

Event Title: 6/8/2021 1-3pm

First Occurrence: 6/8/2021 01:00 PM-6/8/2021 03:00 PM PST

Event Format: Virtual

Generic: <https://www.zoomgov.com/j/160345433?pwd=N3l1flh0uof>

Instructors: Instructor Name