

Fostering Notes



January 2020

HAPPY NEW YEAR!!!

IN THIS NEWSLETTER

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- Training Opportunities
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- Mileage Reimbursement – Regular & Medical (NEMT)
- How Can We Support You Best?
- Thank you PARTNERS!!

A Word from our ICWA SPECIALIST – DOTTIE RUNDLE

Did you know? Oregon has a new law, **Senate Bill 13 (SB 13)** to address **Tribal history in Oregon schools**.

<https://www.oregon.gov/ode/students-and-family/equity/NativeAmericanEducation/Pages/Senate-Bill-13-Tribal-HistoryShared-History.aspx>

This is from the above site:

In 2017, the Oregon Legislature enacted Senate Bill (SB) 13, now known as **Tribal History/Shared History**. This law directs the Oregon Department of Education (ODE) to create K-12 Native American Curriculum for inclusion in Oregon public schools and provide professional development to educators. The law also directs the ODE to provide funds to each of the nine federally recognized tribes in Oregon to create individual place-based curriculum.

Dottie Rundles, ICWA Specialist Phone: **(971)707-2582**
DOROTHY.RUNDLES@dhsosha.state.or.us

Training Opportunities

Netlinks January – FLYERS ATTACHED

- Parenting from the Heart and the Brain Tuesday January 28th 5:30pm
<https://ilearn.oregon.gov//DL.aspx?id=Course.A100.C04158>
- Taking Note of Your Work, Thursday January 30th 8:30am
<https://ilearn.oregon.gov//DL.aspx?id=Course.A100.C00349>

Circle Of Security Presented By Erma Brundidge

This is a three-class series to learn how to organize feelings of children in your home and understand why you are comfortable with some of the feeling's children express and not others.

This series gives insight into how relationships are formed and how to understand your own needs and approach to the difficulties that children present to you.

You will learn why children go to you for some emotional things and avoid you for others.

This class will show you the tools to build healthy and strong emotional bonds with all people, not just children.

Come and learn what your shark music is and how to turn down the volume when it is interfering with building relationships and meeting the emotional needs of children.

- **February 5, 12, 19th 6 – 8 PM**
- RSVP to Erma at Erma.S.Brundidge@state.or.us or TEXT 971.707.0562
- Limited Seating so Register TODAY!

Foster Parent College

Interactive multimedia training courses for adoptive, kinship and foster parents.

- Parent Brochure Attached
- Contact Ann Ortiz-Crow to get credits to take courses through Foster Parent College, FREE!
- ANN.F.ORTIZ-CROW@dhsosha.state.or.us

ORPARC (Oregon Post Adoption Resource Center)

Foster and Adoptive Parent LENDING LIBRARY includes Digital Material

- Flyer Attached
- <https://www.orparc.org/library-request-materials.php?tn=4>

Click **HERE** - [Create Your Own Anti Anxiety Kit for Children](#)

Support Groups

Parenting a Second Time Around – Relative Caregiver Support

- **2nd Monday of each month**
- **NorthWest Senior & Disability Services office**
- 3410 Cherry Ave. NE, Salem (Upstairs Conference Room)
- Contact: Suzy Deeds
- suzy.deeds@nwsds.org
- (503)304.3429

Marion, Polk & Yamhill Foster Parent Support Group

- **January 25, 2019, 6 – 8 PM**
- 1675 Wallace Rd NW – Salem, OR 97304
- **RSVP to this email**
- 503.378.4491

Grupo de Apoyo

- First Thursday Monthly – Potluck!
- Contact: Ann Ortiz-Crow
- ANN.F.ORTIZ-CROW@dhsaha.state.or.us
- 503.378.5298



Relative Foster Parent/Relative Caregiver Support Group/McMinnville

- Contact: Jessica Payne
- jess@frontier.com
- 503.434.2942

Foster Parent Support Group/Monmouth

- First Friday of every month from 5:30-7:30pm
- Monmouth Christian Church 959 Church St W Monmouth, 97361
- (Dinner and child care provided with RSVP)
- **Contact & RSVP to Jessica Payne at (503) 434-2942**

Adoption Support Group

- Contact Kem Sunitsch
- Kem.SUNITSCH@dhsaha.state.or.us
- 971.701.3969

Monthly Coffee House Chats w/ Erma

- Contact: Erma Brundidge
- Erma.S.BRUNDIDGE@dhsoha.state.or.us
- 971.707.0562
- **See dates on our Training Calendar for more information!**

You can also check the **Training Calendar** at marionfosteroradopt.com for more specifics on upcoming Training and Support Groups!



FREE EVENT

KROC HEALTH FAIR

JAN 18, 2020 - 11AM - 3PM

FREE HEALTH SCREENINGS

\$75 KROC MEMBERSHIP FEE WAIVED FOR NEW MEMBERS!

CHILDREN'S MOBILE DENTAL UNIT, GLAUCOMA, VISUAL ACUITY, BLOOD GLUCOSE, HEARING TEST, COMPUTERIZED NERVE SCAN, BLOOD PRESSURE, BMI, POSTURE ANALYSIS, BONE DENSITY, MEDICAL MASSAGE, FLU SHOTS, VENDORS & MORE!

* Services available on first come, first serve basis & subject to change without notice.

KROC CENTER 1865 BILL FREY DR NE
SALEM, OR 97301
503.566.5762

The poster features a red background with white text and two white caduceus symbols. On the left, there is a circular inset image showing a person's feet wearing orange sneakers on a blue treadmill. The text is arranged in a clear, hierarchical layout, with the event name and date prominently displayed at the top.

CHAT – Caregiver Happenings, Awareness and Triumphs

If for any reason you have not been receiving the CHAT Newsletter, contact:

- FosterFamily.Supports@dhsoha.state.or.us.

Articles, Information & Resources

["Parenting a Child who has Experienced Trauma,"](#) Child Welfare Gateway

[Trauma Informed? How about just HUMAN informed.](#) Robyn Gobbel, LCSW RPT-S

[Regulated Connected Kids who Feel Safe Behave Well.](#) Robyn Gobbel

SMYRC – The Sexual & Gender Minority Youth Resource Center

The Sexual & Gender Minority Youth Resource Center has created safety and support for LGBTQIA+ youth in Oregon, through youth empowerment, community building, education and direct services.

www.smyrc.org

503.872.9664

The Trevor Project

The national leading organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, questioning youth people ages 13-24.

www.thetrevorproject.org

866.488.7386

Transactive

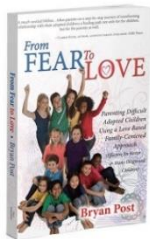
Provides necessary support to improve the quality of life of transgender and gender non-conforming children, youth and their families, through services education, advocacy support, and research.

www.transactiveonline.org

503.252.3000

FREE Copy of "From Fear to Love" Special offer to receive a Free copy of Bryan's bestselling, trauma informed parenting book "From Fear to Love" while supplies last. **Simply pay shipping and handling.**

www.feartolovebook.com



Mileage Reimbursement

Non-medical

The Department reimburses a certified family for mileage, paid at the current Department mileage reimbursement rate paid to child welfare staff.

Reimbursement is paid for the following:

Transportation for a child or young adult in order to remain in the same school he or she was attending prior to placement in substitute care; Reimbursement to and from visitation when family visitation is part of the service plan; In-state transportation by airline for children may be approved only if the cost of the air fare does not exceed all the actual costs of transporting the child by car.

- Mileage Form Attached
- Mileage Forms can be turned in to the Child's Caseworker or Front Reception
- If you have a situation that falls outside these parameters for Reimbursement, provide your Child's Worker a written explanation identifying your specific situation and why you are requesting Reimbursement and it will be reviewed.

Keep in mind that the Foster Care Base Rate should be covering a portion of transportation reimbursement – **see highlight below.**

Base Foster Care Rate

"Base rate payment" means a payment to the foster parent or relative caregiver for the costs of providing the child or young adult with the following:

- **Food**, including the cost to cover a child or young adult's special or unique nutritional needs;
 - **Clothing**, including purchase and replacement;
 - **Housing**, including maintenance of household utilities, furnishings, and equipment;
 - **Personal incidentals**, including personal care items, entertainment, reading materials, and miscellaneous items; and
 - **Transportation.** The cost of providing transportation, including local travel associated with expenditure for gas and oil, and vehicle maintenance and repair associated with transportation to and from extracurricular, child care, recreational, and cultural activities.
- Make note that Mileage turned in over 60 days will not be paid.**

Medical Mileage Reimbursement – NEMT

*This goes through your Foster Child's medical insurance. **As many of you know by now Pacific Source Community Solutions is the new CCO for Marion and Polk County.**

<https://communitysolutions.pacificsource.com/OregonCCO/MarionPolk>

What is NEMT?

Non-Emergency Medical Transportation is how you can get a ride to a covered healthcare appointment. This is for scheduled health care appointments, not emergencies. There are many ways we can help you get to your appointment. Examples are:

- Bus pass or taxi service.
- A ride from a volunteer driver.
- Wheelchair-accessible vehicle service.
- Stretcher vehicle or non-emergent ambulance.
- Reimbursement for driving yourself (if you tell us before the appointment).

[Medical Ride Program Guide](#)

Who can get a ride?

You can get free rides from your NEMT provider if:

- You are covered by PacificSource insurance through the Oregon Health Plan (Medicaid) in Central Oregon, the Columbia Gorge, and Lane, **Marion**, or Polk counties.
- You are traveling to a covered healthcare appointment or other health care service, such as Health-Related Services. For members who have Medicaid and Medicare insurance, the ride can be provided to Medicaid or Medicare covered appointments.
- You need help getting there.

The NEMT provider LOGISTICARE will be able to answer questions about getting a free ride. Including how to get REIMBURSEMENT.

When to call?

Call as soon as you schedule your healthcare appointment. Call the NEMT provider below.

Who to call?

LogistiCare

Monday-Friday, 9:00 a.m. – 5:00 p.m. (For Routine Trips)
7 days a week, 24 hrs a day (For Urgent and Discharge Trips)
Toll Free: (844) 544-1397
TTY Users: (866) 288-3133

<https://www.logisticare.com/transportation>

Foster Families – We want to hear from YOU!

WHAT MAKES YOU FEEL MOST SUPPORTED?

Email – gwendolynn.l.slippy@state.or.us

Just a few examples of what we share with others who want to help. **Other ideas?**

- Provide Respite for a Foster Parent you know.
- Provide a meal or Gift Card for a Meal for a family who just received a new child.
- Sponsor a child to go to camp.
- Run errands/do shopping for a Foster Family.
- Help by transporting children to their visits for a Foster Family or Volunteer with DHS.
- Send a card of encouragement to a Foster Family.
- Offer free/reduced price services to Foster Families (Mechanics, plumbing, mending, cleaning, carpet cleaning, handyman services etc.)
- Donate Gift Cards for Hair Cuts or Shoes.
- Donate Gift Cards for movies, restaurants, kid friendly activities.
- Donate family portraits, senior pictures, adoption pictures.
- Bake cookies, bread or a dessert and deliver them to a Foster Family.
- Provide a monthly meal to a Foster Family.
- Offer to volunteer to do laundry or clean house for a Foster Family.
- Do a diaper drive.
- Donate toys at Christmas time.
- Provide snacks for a Training or Family Meetings.
- Provide snacks/water for children waiting in the office for placement.
- Sponsor Foster Parent Appreciation in May by providing a monetary gift
- Host a FREE event for Foster Families.

“The more healthy relationships a child has, the more likely he will be to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love.” Dr Bruce Perry

A **HUGE THANK YOU** to the following people and businesses who **PARTNER** with Marion County DHS Child Welfare by providing Donations, Tangible Needs, Monetary Support, and Activities for Foster Families. **It takes a Village!**

For The Love of Pete

Deborah Loy

Wake The World

LDS Church

Dominate The Dunes

Debbie Jensen Book Club

Deborah Loy

Mary Cox

Olson Florist

Edward Willits Family

Pemberton's Florist

Microplant Nurseries

FPNO – Salem Heights Church

CASA of Marion County

FPNO – Our Savior's Lutheran

Every Child of Marion County

First Baptist Church

Girl Scout Troop 12010

Osborne Books – Katie Black

Salem Pediatric Clinic

AAA

Northbank Surgery Center

Garrett Hemann Robertson P.C.

Witham Family and Friends

Trinity Lutheran Church Mt. Angel

Blue Ribbon Brigade

Rachel Wilis

Willamette Valley Fruit Company

Thirty-One Danielle Abbott

Donna Cheever

Cross Hill Christian School

Kroc Center

Northern Lights Theatre

Salvation Army

Mia Bella Salon

Mission Salem

Our Saviors Christian School

Espresso Roads Coffee

YMCA

Boys & Girls Club

Action Group International

Lewetag Family & Friends

Morning Star Church

Donna Feldman

Reception: 503.378.6800

Visitation: 503.378.8021
4600 25th Ave Ste 110 Salem, OR 97301

Child Abuse Hotline: 855.503.7233