

Training credit hours for reading and watching DVD's/Videos

Books, Including Books on Tape or CD		Training Videos (DVD/VHS)	
Number of Pages	Training Hours	Length	Training Hours
100 – 170 pages	1.5 hours	75 – 90 mins	1.5 hours
171 – 275 pages	3 hours	91 – 120 mins	2 hours
276 – 375 pages	4 hours	Over 121 mins	3 hours
375 – 475 pages	5 hours		
Over 475 pages	6 hours		